## COMET

# BIRTHDAY CAKE PROTEINDAY CAKE FEATURING ARRABINA® CASE STUDY

### Protein & Fiber, A Hunger Crushing Duo

Consumers are busy! They need convenient, on-the-go options that align with their nutritional goals. Protein shakes are consumed regularly as a quick meal replacement or snack to keep hunger at bay. The combination of protein and fiber provides even greater benefits and longer satiety.

## **64%**

of nutritional drink consumers look for high protein options.\*

Consumers who want positive nutrition consider fiber and protein to be a powerful combination.\*\*

## 90%

of supplement users are familiar with protein powder.\*\*\*

Kantar Profiles/Mintel, January 2023 \*Hartman Fiber Occasions, 2019 \*\*\*ITC insights 2022 Consumer Supplen \*\*\*HealthFocus International, 2020



4 in 5

say "My digestive health is important to me."\*\*\*\*

#### **Arrabina® Fits Every Formulation Need:**



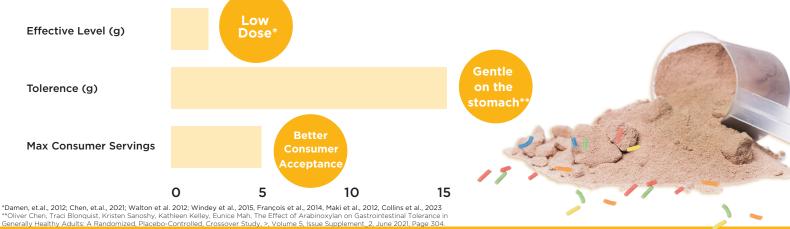
#### **Challenge:**

With an ever-expanding selection of protein powders on grocery store shelves and Amazon, brands need to step up their game to stand out.

One winning strategy is introducing protein powders with additional functional benefits, such prebiotic dietary fiber for improved gut health. As inflation continues to rise, this approach presents a smart way to offer consumers added value precisely when they need it most. Unfortunately, many dietary fibers are difficult to add to existing formulations and can cause bloating or GI distress.

#### Solution:

Arrabina makes it easy to formulate protein powders that are high in fiber and taste great, making it a treat rather than a chore to consume protein and fiber. The fully soluble powder boasts excellent stability in solution and no gritty texture. In addition, Arrabina is gentle on the stomach. Clinical trial results prove that even when 15 grams are consumed, there are no negative GI symptoms including bloating and gut discomfort. Though multiple servings can be consumed at a time, Arrabina is a low-dose prebiotic dietary fiber with only 3.6 grams needed to promote the growth of bifidobacteria.\*





## **Better Nutrition Labels**

Arrabina<sup>®</sup> provides prebiotic fiber benefits.

#### CONTROL

### **Nutrition Facts**

servings per container Serving size	(189g)
Amount per serving Calories	190
%	Daily Value*
Total Fat 5g	6%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 90mg	4%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 2g Added Sugars	4%
Protein 22g	
Vitamin D 0mcg	0%
Calcium 150mg	10%
Iron Omg	0%
Potassium 240mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

#### **ARRABINA®**

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Dietary Fiber 3g	11%
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